



## Biography

Sharon Nixon is a full-time figure skating coach. After skating professionally for one season Sharon began coaching eleven years ago. Sharon's passion and enthusiasm for the sport is evident in her coaching style and philosophy. Sharon's overall vision in sport is to assist each athlete to achieve his/her potential while having fun and gaining valuable life lessons.

Ms. Nixon is motivated and committed to the ongoing success of her skaters and receives great satisfaction watching her skaters excel both on and off the ice. Sharon organizes a variety of workshops including: off-ice jump, fitness and dance classes, along with on-ice simulations and monitoring sessions for her athletes.

Sharon is the coach of the 2009 National Bronze Triathlon Bronze Medalist and the 2008 EOS Novice Ladies Bronze Medalist.

Sharon continues to upgrade her coaching credentials and currently resides in Kingston, Ontario where she enjoys spending time with her husband Ron and three year old son Elias.

**For more information please see Sharon's website which includes a complete resume.**

### Contact Information

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